**PMQ: Pain Medication Questionnaire** [1]

**Description**

- **Length/Time:** 26 items, about 10 minutes to administer and score
- **Developed by:** Adams, et al, 2004
- **Target Population:** Adults
- **Intended Settings:** Primary care
- **Assesses:** Risk of opioid medication misuse in chronic pain patients
- **Administered by:** Self-Report

**Evidence**

- Good reliability and validity (Dowling, et al, 2007)
- The PMQ has long-term utility in identifying patients who are likely to benefit from a pain management program (Holmes, et al, 2006).

**Indications**

- Aides in the identification of specific problematic behaviors and beliefs at the outset of treatment that may hinder successful treatment of a patient's pain condition (Dowling, et al, 2007).

**Advantages**

- Specific to chronic pain patients using opioid treatments
- Reliable for long-term use across a patient's pain management program

**Limitations**

- Not validated in populations other than chronic pain patients
- Copyright owners will not permit us to show you the questionnaire

**More Information on PMQ** [2]

**View References**


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Links:
[1] https://www.opioidrisk.com/node/943